


Read a poem	Read before going to bed	Finish a book	Read a book by an author you have read before	Read a children's book
Read an article	Read for 30 minutes	Read every day in a week	Read for 20 minutes	Read a book that a friend recommended
Read until you look up and don't remember where you are	Read a short story	FREE SPACE 	Read a fiction book	Choose to read instead of scroll on your phone
Read a book from a new (to you) author	Choose to read instead of watch TV	Start a new book	Read for 15 minutes	Read a book outside of your normal genre
Read for three days in a row	Read for one hour	Listen to half an hour of an audiobook	Read with friends	Read a nonfiction book